



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Enzian, Iris

Club: SC- Impuls Erfurt  
Number: 58

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W45

Total time: 11:39:22

Speed: 8.58 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 42 (of 141)

Rank in course/Women: 7 (of 20)

Best time in course: 10:12:12

Rank in category: 2(of 6)

Best time in the category: 10:40:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ruhlaer Skihütte	24.00	2:55:50	7:19	3	18:31	10	33:14	24.00	2:55:50	7:19	2	13:45	15
Floh-Seligenthal	26.40	2:59:44	6:48	3	19:02	7	19:02	50.40	5:55:34	7:03	2	32:47	15
Finsterbergen	24.00	2:55:40	7:19	2	18:28	6	25:42	74.40	8:51:14	7:08	2	51:15	15
Fröttstädt	25.60	2:48:08	6:34	2	7:46	4	17:01	100.00	11:39:22	6:59	2	59:01	7 1:27:10