



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Rump, Eckhard

Club: LG Oelde/ Wadersloh  
Number: 141

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 11:41:56

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 45 (of 141)

Rank in course/Men: 38 (of 121)

Best time in course: 8:44:09

Rank in category: 12(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:36:58	6:32	12	33:19	43	37:24	24.00	2:36:58	6:32	16		40	37:24
Floh-Seligenthal	26.40	2:45:52	6:16	11	31:03	28	34:20	50.40	5:22:50	6:24	16		40	1:11:44
Finsterbergen	24.00	2:57:39	7:24	9	36:37	32	42:53	74.40	8:20:29	6:43	16		39	1:54:37
Fröttstädt	25.60	3:21:27	7:52	13	1:00:52	59	1:03:10	100.00	11:41:56	7:01	12	2:31:58	39	2:57:47