



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Ehmke, Thomas

Club: DUV

Number: 113

Course: 100.00 km

Thüringen Ultra

Category:

Männer M30

Total time: 11:53:32

Speed: 8.41 km/h

Running performance: 7:08 min/km

Rank in course/Total: 50 (of 141)

Rank in course/Men: 42 (of 121)

Best time in course: 8:44:09

Rank in category: 3(of 7)

Best time in the category: 8:44:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:42:11	6:45	3	42:37	51	42:37	24.00	2:42:11	6:45	3	42:37	44	42:37
Floh-Seligenthal	26.40	2:56:23	6:40	3	44:51	44	44:51	50.40	5:38:34	6:43	3	1:27:28	44	1:27:28
Finsterbergen	24.00	2:56:23	7:20	2	41:37	29	41:37	74.40	8:34:57	6:55	3	2:09:05	43	2:09:05
Fröttstädt	25.60	3:18:35	7:45	2	1:00:18	55	1:00:18	100.00	11:53:32	7:08	3	3:09:23	43	3:09:23