



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Gürtler, Rolf

Club: GutsMuts Rennsteiglaufverein
Number: 45

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 11:54:48

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 51 (of 141)

Rank in course/Men: 43 (of 121)

Best time in course: 8:44:09

Rank in category: 4(of 15)

Best time in the category: 11:01:51

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:31:57	6:19	3	2:04	35	32:23	24.00	2:31:57	6:19	4	0:46	45	32:23
Floh-Seligenthal	26.40	2:54:30	6:36	4	26:14	39	42:58	50.40	5:26:27	6:28	4	27:00	45	1:15:21
Finsterbergen	24.00	3:10:18	7:55	9	14:17	61	55:32	74.40	8:36:45	6:56	4	36:13	44	2:10:53
Fröttstädt	25.60	3:18:03	7:44	6	16:44	52	59:46	100.00	11:54:48	7:08	4	52:57	44	3:10:39