



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Pößiger, Roland

Club: KSV Reichelsheim

Number: 147

Total time: 1:15:54

Enduro E Bike

Category:

Senioren 5 (TM 60-64)

Rank in course/Total: 149 (of 379)

Rank in course/Men: 138 (of 290)

Best time in course: 57:38

Rank in category: 2(of 10)

Best time in the category: 1:12:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	13:06	0.00	7	3:06	201	6:14	0.50	13:06	0.00	11	3:06	250	5:44
Rad	20.00	37:50	31.72	1	-	45	4:27	20.50	50:56	23.56	10	0:10	231	4:05
Lauf	5.00	24:58	12.02	1	-	77	7:53	-	1:15:54	-	2	2:55	138	18:16