



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

Hecklau, Thomas

Total time: 1:16:30

Club: LT Schnelle Socke

Number: 136

Course: 25.50 km

Rank in course/Total: 159 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 145 (of 290)

Best time in course: 57:38

Category:

Rank in category: 32(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:36	0.00	21	3:14	88	3:44	0.50	10:36	0.00	56		250	3:14
Rad	20.00	39:39	30.26	19	4:29	85	6:16	20.50	50:15	23.88	53		231	3:24
Lauf	5.00	26:15	11.43	29	4:30	111	9:10	25.50	1:16:30	19.61	32	15:01	145	18:52