



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Froschauer, Gerald

Total time: 1:17:56

Club: Viernheim

Number: 138

Course: 25.50 km

Rank in course/Total: 178 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 160 (of 290)

Best time in course: 57:38

Category:

Rank in category: 34(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:33	0.00	31	4:11	133	4:41	0.50	11:33	0.00	56	0:20	250	4:11
Rad	20.00	40:15	29.81	23	5:05	98	6:52	20.50	51:48	23.17	53		231	4:57
Lauf	5.00	26:08	11.48	28	4:23	108	9:03	25.50	1:17:56	19.25	34	16:27	160	20:18