



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Glöckner, Mike

Total time: 1:23:44

Club: Spiridon Frankfurt

Number: 152

Course: 25.50 km

Rank in course/Total: 259 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 217 (of 290)

Best time in course: 57:38

Category:

Rank in category: 42(of 57)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:42	0.00	43	6:07	215	6:50	0.50	13:42	0.00	50	3:23	250	6:20
Rad	20.00	40:32	29.61	21	5:30	104	7:09	20.50	54:14	22.13	47	6:44	28	7:23
Lauf	5.00	29:30	10.17	40	9:31	179	12:25	25.50	1:23:44	17.91	42	21:18	218	26:06