



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Rapp, Stephan

Total time: 1:04:42

Club: LG Bensheim

Number: 230

Course: 25.50 km

Rank in course/Total: 12 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 12 (of 290)

Best time in course: 57:38

Category:

Rank in category: 2(of 57)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	9:57	3.02	14	2:22	57	3:05	0.50	9:57	3.02	50	-	250	2:35
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	54:45	5.48	48	34:46	236	37:40	25.50	1:04:42	23.65	2	2:16	12	7:04