



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Bast, Kerstin**

**Total time: 1:47:26**

Club: Ludwigshafen

Number: 86

Course: 25.50 km

Rank in course/Total: 378 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 89 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 23(of 23)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:10:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	13:36	2.21	20	3:56	72	5:32	0.50	13:36	2.21	9	1:15	80	0:52
Rad	20.00	54:20	22.09	19	23:36	76	23:36	20.50	1:07:56	18.11	10	0:30	80	7:28
Lauf	5.00	39:30	7.59	19	15:19	76	17:09	25.50	1:47:26	14.24	23	37:12	89	40:58