



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Lamprecht, Thomas

Total time: 1:31:43

Club: TSG Maxdorf

Number: 174

Course: 25.50 km

Rank in course/Total: 337 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 269 (of 290)

Best time in course: 57:38

Category:

Rank in category: 29(of 33)

Senioren 2 (TM 45.49)

Best time in the category: 1:06:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	12:04	2.49	21	3:08	156	5:12	0.50	12:04	2.49	32	0:22	250	4:42
Rad	20.00	44:13	27.14	18	9:13	173	10:50	20.50	56:17	21.85	26		231	9:26
Lauf	5.00	35:26	8.47	24	16:06	221	18:21	25.50	1:31:43	16.68	29	25:27	270	34:05