



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Cop, Fryderyk**

**Total time: 1:15:36**

Club: TRIA Leierhans

Number: 239

Course: 25.50 km

Rank in course/Total: 143 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 132 (of 290)

Best time in course: 57:38

Category:

Rank in category: 5(of 16)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	50:45	23.65	13	13:20	225	17:22	20.50	50:45	23.65	14	-	-	231	3:54
Lauf	5.00	24:51	12.07	2	0:32	72	7:46	25.50	1:15:36	19.84	5	14:22	-	132	17:58