



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Gammon, Adrian

Total time: 1:10:13

Club: Baden-Baden

Number: 293

Course: 25.50 km

Rank in course/Total: 63 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 59 (of 290)

Best time in course: 57:38

Category:

Rank in category: 15(of 57)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:18	0.00	18	2:43	73	3:26	0.50	10:18	0.00	50	-	250	2:56
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	59:55	5.01	50	39:56	245	42:50	25.50	1:10:13	21.36	15	7:47	59	12:35