



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Sellmann, Steven

Total time: 1:16:20

Club: Soprema Team MTG Mannheim

Number: 274

Course: 25.50 km

Rank in course/Total: 153 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 140 (of 290)

Best time in course: 57:38

Category:

Rank in category: 18(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:41

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Schwimmen	0.50	10:52	0.00	13	2:54	97	4:00	0.50	10:52	0.00	17			250	3:30
Rad	20.00	39:04	30.72	8	3:01	73	5:41	20.50	49:56	24.03	15			231	3:05
Lauf	5.00	26:24	11.36	15	5:18	114	9:19	25.50	1:16:20	19.65	18	14:39		140	18:42