



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Sturma, Dietmar

Total time: 1:16:48

Club: TSG Kleinostheim

Number: 277

Course: 25.50 km

Rank in course/Total: 162 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 148 (of 290)

Best time in course: 57:38

Category:

Rank in category: 6(of 16)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:46	0.00	2	1:21	141	4:54	0.50	11:46	0.00	14		19	4:24
Rad	20.00	40:43	29.47	3	3:18	105	7:20	20.50	52:29	22.86	14		231	5:38
Lauf	5.00	24:19	12.34	1	-	57	7:14	25.50	1:16:48	19.53	6	15:34	148	19:10