



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

Hönig, Hajo

Total time: 1:20:44

Club: TG Sandhausen

Number: 268

Course: 25.50 km

Rank in course/Total: 226 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 194 (of 290)

Best time in course: 57:38

Category:

Rank in category: 8(of 16)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:14

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:50	0.00	4	1:25	145	4:58	0.50	11:50	0.00	14	0:02	250	4:28
Rad	20.00	41:40	28.80	5	4:15	124	8:17	20.50	53:30	22.43	14		231	6:39
Lauf	5.00	27:14	11.02	6	2:55	135	10:09	25.50	1:20:44	18.58	8	19:30	195	23:06