



5. Lorsche Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Rader, Elke

Total time: 1:42:55

Club: Heppenheim

Number: 215

Course: 25.50 km

Rank in course/Total: 376 (of 379)

Lorsche Triathlon 0,5-20-5

Rank in course/Women: 87 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 22(of 23)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:10:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	12:29	0.00	12	50	2:49	4:25	0.50	12:29	0.00	15	4	0:08	
Rad	20.00	57:54	20.73	21	78	27:10	27:10	20.50	1:10:23	17.05	22	80	2:57	9:55
Lauf	5.00	32:32	9.22	13	59	8:21	10:11	25.50	1:42:55	14.57	22	87	32:41	36:27