



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Lammers, John

Club: ROCKFORD FOSGATE

Number: 261

Total time: 1:25:17

Enduro E Bike

Category:

männl. AK 4 (TM 35-39)

Rank in course/Total: 289 (of 379)

Rank in course/Men: 238 (of 290)

Best time in course: 57:38

Rank in category: 50(of 57)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	12:36	0.00	38	5:01	181	5:44	0.50	12:36	0.00	50	2:17	250	5:14
Rad	20.00	44:28	26.99	38	9:26	180	11:05	20.50	57:04	21.03	47	9:34	231	10:13
Lauf	5.00	28:13	10.63	32	8:14	156	11:08	-	1:25:17	-	50	22:51	239	27:39