



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Saringer, Markus

Total time: 1:28:01

Club: Frankfurt

Number: 252

Course: 25.50 km

Rank in course/Total: 313 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 254 (of 290)

Best time in course: 57:38

Category:

Rank in category: 31(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:10	2.28	27	5:12	203	6:18	0.50	13:10	2.28	13	1:40	250	5:48
Rad	20.00	43:24	27.65	23	7:21	161	10:01	20.50	56:34	21.74	12	3:52	231	9:43
Lauf	5.00	31:27	9.54	25	10:21	203	14:22	25.50	1:28:01	17.38	31	26:20	255	30:23