



5. Lorsche Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Roßbach, Lion

Total time: 1:15:24

Club: Darmstadt

Number: 321

Course: 25.50 km

Rank in course/Total: 139 (of 379)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 129 (of 290)

Best time in course: 57:38

Category:

Rank in category: 7(of 12)

männl. AK 1 (TM 20-24)

Best time in the category: 57:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:06	2.48	9	5:03	159	5:14	0.50	12:06	2.48	11	0:12	250	4:44
Rad	20.00	39:59	30.01	4	4:40	95	6:36	20.50	52:05	23.62	9		231	5:14
Lauf	5.00	23:19	12.87	2	1:20	41	6:14	25.50	1:15:24	20.29	7	17:46	129	17:46