



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Hoffmann, Norbert

Total time: 1:19:11

Club: Freiwillige Feuerwehr Griesheim

Number: 319

Course: 25.50 km

Rank in course/Total: 205 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 180 (of 290)

Best time in course: 57:38

Category:

Rank in category: 22(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:18	2.65	15	3:20	121	4:26	0.50	11:18	2.65	30		250	3:56
Rad	20.00	42:03	28.54	19	6:00	131	8:40	20.50	53:21	23.06	27	0:39	231	6:30
Lauf	5.00	25:50	11.61	13	4:44	97	8:45	25.50	1:19:11	19.32	22	17:30	180	21:33