



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Rühl, Ramona

Total time: 1:30:19

Club: SKG Sprendlingen

Number: 317

Enduro E Bike

Rank in course/Total: 329 (of 379)

Rank in course/Women: 65 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 8(of 9)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:08:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	12:35	0.00	7	4:31	55	4:31	0.50	12:35	0.00	8	1:03	80	
Rad	20.00	45:53	26.15	4	6:04	47	15:09	20.50	58:28	20.52	8	3:14	80	
Lauf	5.00	31:51	9.42	5	8:21	56	9:30	-	1:30:19	-	8	21:45	65	23:51