



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Fabian, Ralf**

**Total time: 1:14:10**

Club: Bensheim

Number: 390

Course: 25.50 km

Rank in course/Total: 120 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 112 (of 290)

Best time in course: 57:38

Category:

Rank in category: 26(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	9:47	0.00	12	2:25	48	2:55	0.50	9:47	0.00	56			250	2:25
Rad	20.00	37:01	32.42	6	1:51	26	3:38	20.50	46:48	25.64	53			231	
Lauf	5.00	27:22	10.96	36	5:37	139	10:17	25.50	1:14:10	20.22	26	12:41		112	16:32