



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

Werle, Frank

Total time: 1:17:56

Club: TuS Kelsterbach

Number: 369

Course: 25.50 km

Rank in course/Total: 179 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 161 (of 290)

Best time in course: 57:38

Category:

Rank in category: 35(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	10:54	0.00	23	3:32	98	4:02	0.50	10:54	0.00	56		250	3:32
Rad	20.00	41:00	29.27	25	5:50	109	7:37	20.50	51:54	23.12	53		231	5:03
Lauf	5.00	26:02	11.52	26	4:17	104	8:57	25.50	1:17:56	19.25	34	16:27	160	20:18