



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Adler, Sandra

Total time: 1:19:19

Club: Darmstadt

Number: 392

Course: 25.50 km

Rank in course/Total: 207 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 26 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 6(of 23)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:10:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	52:52	22.70	17	22:08	70	22:08	20.50	52:52	22.70	22	-	-	80
Lauf	5.00	26:27	11.34	4	2:16	17	4:06	25.50	1:19:19	18.91	6	9:05	26	12:51