



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Gauss, Friederike

Total time: 1:24:28

Club: Skiclub Heppenheim

Number: 417

Course: 25.50 km

Rank in course/Total: 275 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 47 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 11(of 15)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:06:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	12:34	2.39	11	2:14	53	4:30	0.50	12:34	2.39	15	2:01	80		
Rad	20.00	45:28	26.39	10	7:20	46	14:44	20.50	58:02	21.19	15	9:03	80		
Lauf	5.00	26:26	11.35	4	2:51	16	4:05	25.50	1:24:28	18.11	11	18:00	47	18:00	