



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Knies, Diana**

**Total time: 1:25:38**

Club: Worms

Number: 399

Course: 25.50 km

Rank in course/Total: 291 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 53 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 7(of 9)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:09:34

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:45	2.55	5	3:08	30	3:41	0.50	11:45	2.55	9	3:08	80	
Rad	20.00	43:42	27.46	6	5:59	36	12:58	20.50	55:27	22.18	8	5:37	80	
Lauf	5.00	30:11	9.94	4	3:44	46	7:50	25.50	1:25:38	17.87	7	16:04	53	19:10