



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Heist, Michael

Total time: 1:09:44

Club: Darmstadt

Number: 466

Course: 25.50 km

Rank in course/Total: 55 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 51 (of 290)

Best time in course: 57:38

Category:

Rank in category: 9(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:09:44	4.30	60	47:59	277	52:39	25.50	1:09:44	21.94	9	8:15	51	12:06