



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Recktenwald, Roger

Total time: 1:32:48

Club: Bensheim

Number: 381

Course: 25.50 km

Rank in course/Total: 339 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 270 (of 290)

Best time in course: 57:38

Category:

Rank in category: 58(of 62)

Senioren 1 (TM 40-44)

Best time in the category: 1:01:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Schwimmen	0.50	12:05	2.48	35	4:43	158	5:13	0.50	12:05	2.48	56	0:52	250	4:43				
Rad	20.00	47:27	25.29	46	12:17	207	14:04	20.50	59:32	20.66	53	0:42	231	12:41				
Lauf	5.00	33:16	9.02	48	11:31	212	16:11	25.50	1:32:48	16.49	58	31:19	271	35:10				