



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Uhrig, Kai

Total time: 1:20:25

Club: Bad König

Number: 54

Course: 25.50 km

Rank in course/Total: 223 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 191 (of 290)

Best time in course: 57:38

Category:

Rank in category: 37(of 57)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	9:43	3.09	12	2:08	45	2:51	0.50	9:43	3.09	50		28	2:21
Rad	20.00	44:40	26.87	39	9:38	183	11:17	20.50	54:23	22.62	47	6:53	25	7:32
Lauf	5.00	26:02	11.52	21	6:03	104	8:57	25.50	1:20:25	19.03	37	17:59	191	22:47