



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Prasch, Thomas

Total time: 1:19:40

Club: Bensheim

Number: 478

Course: 25.50 km

Rank in course/Total: 212 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 185 (of 290)

Best time in course: 57:38

Category:

Rank in category: 35(of 57)

männl. AK 4 (TM 35-39)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	11:53	0.00	31	4:18	148	5:01	0.50	11:53	0.00	50	1:34	250	4:31
Rad	20.00	42:17	28.38	28	7:15	138	8:54	20.50	54:10	22.15	47	6:40	231	7:19
Lauf	5.00	25:30	11.76	18	5:31	92	8:25	25.50	1:19:40	18.83	35	17:14	185	22:02