



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Williams, Adam**

**Total time: 1:36:21**

Club: ESA

Number: 468

Course: 25.50 km

Rank in course/Total: 359 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 280 (of 290)

Best time in course: 57:38

Category:

Rank in category: 33(of 33)

Senioren 2 (TM 45.49)

Best time in the category: 1:06:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	16:38	0.00	31	7:42	247	9:46	0.50	16:38	0.00	32	4:56	250	9:16
Rad	20.00	51:03	23.51	25	16:03	226	17:40	20.50	1:07:41	17.73	26	10:23	231	20:50
Lauf	5.00	28:40	10.47	17	9:20	167	11:35	25.50	1:36:21	15.57	33	30:05	281	38:43