



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Rühl, Reinhold

Total time: 1:27:30

Club: TV Lich

Number: 40

Course: 25.50 km

Rank in course/Total: 307 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 249 (of 290)

Best time in course: 57:38

Category:

Rank in category: 12(of 16)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:27	0.00	10	3:02	211	6:35	0.50	13:27	0.00	2	1:39	39	6:05
Rad	20.00	44:16	27.11	9	6:51	175	10:53	20.50	57:43	20.79	2	3:29	36	10:52
Lauf	5.00	29:47	10.07	11	5:28	185	12:42	25.50	1:27:30	17.14	12	26:16	250	29:52