



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Gernegroß, Nadine**

**Total time: 1:28:29**

Club: Team Freetime

Number: 12

Course: 25.50 km

Rank in course/Total: 319 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 62 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 7(of 9)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:08:34

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Wome	Cat.	Women				Cat.	Wome	Cat.	Women
Schwimmen	0.50	11:32	0.00	4	3:28	27	3:28	0.50	11:32	0.00	1	-	80	
Rad	20.00	43:42	27.46	2	3:53	36	12:58	20.50	55:14	21.73	1	-	80	
Lauf	5.00	33:15	9.02	6	9:45	67	10:54	25.50	1:28:29	16.95	7	19:55	62	22:01