



# 5. Lorsch Triathlon

Lorsch / 27.07.2008

## Detailed evaluation

**Serr, Heidi**

**Total time: 1:12:45**

Club: TG Tria Rüsselsheim

Number: 109

Course: 25.50 km

Rank in course/Total: 100 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 7 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 2(of 23)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:10:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	9:40	0.00	1	-	7	1:36	0.50	9:40	0.00	20			80	
Rad	20.00	38:54	30.85	2	8:10	5	8:10	20.50	48:34	24.71	21			80	
Lauf	5.00	24:11	12.41	1	-	7	1:50	25.50	1:12:45	20.62	2	2:31	7	6:17	