



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Achenbach, Esther

Total time: 1:18:45

Club: Ober-Ramstadt

Number: 69

Course: 25.50 km

Rank in course/Total: 193 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 21 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 4(of 23)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:10:14

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Stage score | | | | Total ranking | | | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|---------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.50 | 11:06 | 2.70 | 4 | 1:26 | 19 | 3:02 | 0.50 | 11:06 | 2.70 | 18 | | | 80 |
| Rad | 20.00 | 40:45 | 29.45 | 4 | 10:01 | 12 | 10:01 | 20.50 | 51:51 | 23.72 | 19 | | | 80 |
| Lauf | 5.00 | 26:54 | 11.15 | 6 | 2:43 | 21 | 4:33 | 25.50 | 1:18:45 | 19.43 | 4 | 8:31 | 21 | 12:17 |