



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Holz, Yasmin

Total time: 1:20:03

Club: Mannheim

Number: 63

Course: 25.50 km

Rank in course/Total: 219 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 30 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 7(of 15)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:06:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women
Schwimmen	0.50	11:22	2.64	5	1:02	24	3:18	0.50	11:22	2.64	5	0:49	80
Rad	20.00	40:35	29.57	6	2:27	11	9:51	20.50	51:57	23.68	5	2:58	80
Lauf	5.00	28:06	10.68	8	4:31	33	5:45	25.50	1:20:03	19.11	7	13:35	30 13:35