



5. Lorsch Triathlon

Lorsch / 27.07.2008

Detailed evaluation

Brams, Elke

Total time: 1:21:40

Club: Schriesheim

Number: 81

Course: 25.50 km

Rank in course/Total: 237 (of 379)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 35 (of 89)

Best time in course: 1:06:28

Category:

Rank in category: 4(of 8)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:14:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women
Schwimmen	0.50	12:40	0.00	6	3:35	56	4:36	0.50	12:40	0.00	9	1:34	80
Rad	20.00	41:23	29.00	3	0:34	20	10:39	20.50	54:03	22.20	8	1:55	80
Lauf	5.00	27:37	10.86	3	2:59	30	5:16	25.50	1:21:40	18.37	4	7:06	35 15:12