



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Jacobs, Sonja

Club: Ort: Friemar

Number: 121

Course: 10.02 km

Walking/Nordic-Walking

Total time: 1:47:01

Speed: 5.62 km/h

metres in height up: 522

Course score: 17.83

performance score: 100 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Kulissenfelsen	5.0	5.0	10:52	00:51	00:51
Finish	10.0	5.0	11:47	01:47	00:55