



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Jacobs, Sonja

Club: Ort: Friemar

Number: 121

Course: 10.02 km

Walking/Nordic-Walking

Total time: 1:47:01

Speed: 5.62 km/h

metres in height up: 522

Course score: 17.83

performance score: 100 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|----------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 10:00 | 00:00 | 00:00 |
| Kulissenfelsen | 5.0 | 5.0 | 10:52 | 00:51 | 00:51 |
| Finish | 10.0 | 5.0 | 11:47 | 01:47 | 00:55 |