



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Krannich, Helmut

Club: Gehren

Number: 90

Course: 21.23 km

Walking/Nordic-Walking

Total time: 2:46:12

Speed: 7.58 km/h

metres in height up: 1007

Course score: 36.11

performance score: 278 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:39	00:39	00:39
Finsterbacher Pirschhaus	15.2	10.2	10:23	01:23	00:44
Talsperre	32.8	17.6	11:19	02:19	00:55
Finish	21.2	3.7	11:46	02:46	00:27