



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Albuschkat, Lutz

Club: Ort: Friemar

Number: 123

Course: 10.02 km

Walking/Nordic-Walking

Total time: 1:34:22

Speed: 6.36 km/h

metres in height up: 522

Course score: 17.83

performance score: 114 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Kulissenfelsen	5.0	5.0	10:47	00:46	00:46
Finish	10.0	5.0	11:34	01:34	00:47