



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Grossert, Karin

Club: Nordic Walking Team Luisenthal

Number: 175

Course: 10.02 km

Walking/Nordic-Walking

Total time: 2:19:50

Speed: 4.29 km/h

metres in height up: 522

Course score: 17.83

performance score: 77 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Kulissenfelsen	5.0	5.0	11:06	01:06	01:06
Finish	10.0	5.0	12:20	02:19	01:13