



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Grossert, Manfred

Club: Nordic Walking Team Luisenthal

Number: 176

Course: 15.10 km

Walking/Nordic-Walking

Total time: 2:50:19

Speed: 5.28 km/h

metres in height up: 780

Course score: 26.70

performance score: 143 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:32	00:00	00:00
Kulissenfelsen	5.0	5.0	10:21	00:49	00:49
Finsterbacher Pirschhaus	10.2	5.2	11:20	01:47	00:58
Finish	15.1	4.9	12:22	02:50	01:02