



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Plättner, Angela

Club: Markranstädt

Number: 91

Course: 21.23 km

Walking/Nordic-Walking

Total time: 3:23:42

Speed: 6.19 km/h

metres in height up: 1007

Course score: 36.11

performance score: 227 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 08:59 | 00:00 | 00:00 |
| Finsterbacher Pirschhaus | 15.2 | 10.2 | 10:35 | 01:35 | 01:35 |
| Talsperre | 32.8 | 17.6 | 11:47 | 02:47 | 01:11 |
| Finish | 21.2 | 3.7 | 12:23 | 03:23 | 00:36 |