



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Völkel, Ingrid

Club: BodyFit-2000

Number: 129

Course: 15.10 km

Walking/Nordic-Walking

Total time: 2:51:29

Speed: 5.25 km/h

metres in height up: 780

Course score: 26.70

performance score: 142 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:32	00:00	00:00
Kulissenfelsen	5.0	5.0	10:20	00:48	00:48
Finsterbacher Pirschhaus	10.2	5.2	11:19	01:46	00:58
Finish	15.1	4.9	12:23	02:51	01:04