



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Schwartz, Hiltrud

Club: Sport-Prediger Ilmenau

Number: 166

Course: 21.23 km

Walking/Nordic-Walking

Total time: 3:30:53

Speed: 5.97 km/h

metres in height up: 1007

Course score: 36.11

performance score: 219 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:46	00:46	00:46
Finsterbacher Pirschhaus	15.2	10.2	10:41	01:41	00:55
Talsperre	32.8	17.6	11:55	02:55	01:13
Finish	21.2	3.7	12:30	03:30	00:35