



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Möller, Sigbert

Club: Nordic Walking Team Luisenthal

Number: 198

Course: 21.23 km

Walking/Nordic-Walking

Total time: 3:36:28

Speed: 5.82 km/h

metres in height up: 1007

Course score: 36.11

performance score: 214 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:45	00:45	00:45
Finsterbacher Pirschhaus	15.2	10.2	10:41	01:41	00:56
Talsperre	32.8	17.6	11:58	02:58	01:16
Finish	21.2	3.7	12:36	03:36	00:38