



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Lehmann, Gabriele

Club: Nordic Walking Team Luisenthal

Number: 177

Course: 21.23 km

Walking/Nordic-Walking

Total time: 3:43:50

Speed: 5.63 km/h

metres in height up: 1007

Course score: 36.11

performance score: 207 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	08:59	00:00	00:00
Kulissenfelsen	5.0	5.0	09:47	00:47	00:47
Finsterbacher Pirschhaus	15.2	10.2	10:45	01:45	00:58
Talsperre	32.8	17.6	12:04	03:04	01:19
Finish	21.2	3.7	12:43	03:43	00:39