



XXII. Ohra-Talsperrenlauf - Nordic Walking

Luisenthal / 27.07.2008

Detailed evaluation

Lock, Heidi

Club: SV Kali Unterbreizbach

Number: 146

Course: 10.02 km

Walking/Nordic-Walking

Total time: 1:33:23

Speed: 6.44 km/h

metres in height up: 522

Course score: 17.83

performance score: 115 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Finish	10.0	5.0	11:33	01:33	01:33