



3. Lauf "Rund um die Sportlerklausur"

Frauenwald / 09.08.2008

Detailed evaluation

Schadwinkel, Wolfgang

Club: GMRV Langewiesen

Number: 139

Course: 10.50 km

10.5 km-Lauf

Category:

Männer M65

Total time: 1:18:32

Speed: 7.64 km/h

Running performance: 7:29 min/km

Rank in course/Total: 100 (of 100)

Rank in course/Men: 79 (of 79)

Best time in course: 38:14

Rank in category: 4(of 4)

Best time in the category: 57:01